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Argentum 8x/  
Hyoscyamus 3x aa, dil.

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English

# Argentum 8x/Hyoscyamus 3x aa, dil.

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Original text: Das Praeparat Argentum D8/Hyoscyamus D3 aa; Dil. Der Merkurstab 2008, 61: 92. English by A. R. Meuss, FCIL, MTA. Potencies are given in the English notation, e. g. 6x where the German notation would be D6.

Like everyone else I find that the incidence of post-traumatic syndrome with all its consequences has increased in recent years. Patients present with severe sleep disorders, states of restlessness, loss of concentration and poor memory, failure to gain an overview and to come to decisions, and general tiredness precluding all initiative. There are also physical consequences, and they need some freeroom where they can escape from their stressful situation.

This is where Argentum 8x/Hyoscyamus 3x aa dil. has proved of great value.

We see the gradual erosion of the etheric foundations due to persistent, burdensome or one-sided inharmonious mental processes, with astral activity in the pole of conscious awareness no longer governed by the powers of the I, and an independent overweening activity unfolding in its place.

We meet the destroyed etheric powers with the silver process. In the 8th lecture of Rudolf Steiner's Course for Young Doctors we read: "Silver proves to have a certain relationship to the constructive powers. If you find that these powers are being overcome by powers of destruction in someone, you will as a rule be able to correct this situation with a medicament based on silver" (1).

A poisonous plant is an entity which allows world astralities to enter directly. In the 5th lecture we read: "It was found that if one stimulates the solar plexus with Hyoscyamus it will be made wholly spiritual. It was found that the astral body and I organization then really intervene powerfully in the solar plexus ... Plant poisons are certainly correlates of the spiritual, for in plants ... they are the principle which goes beyond plant nature and is cosmic and astral" (1).

Treatment is continued for some months in a dosage of 10 drops t.d.s. and 20 drops nocte. It combines well with Aurum 10x dil., 10 drops t.d.s. It establishes harmony and calm from the centre, from the heart, and calms disorders of heart rhythm or sensations of pressure in the heart.

Copper is also indicated, internally or also externally. External application of Cuprum 0.4% ointment, as compresses over the kidneys three times a week. Internally also as vegetabilized metal, esp. Melissa Cupro culta 3x,

or Tabacum cupro cultum 3x if there are muscle spasms (dosage as given by Weleda).

The combination of Argentum and Hyoscyamus provides sound basic treatment for people with post-traumatic syndrome. It cannot, of course, be the only treatment and may be combined with eurythmy therapy, art therapies, counselling and social-therapeutic assistance as required in the individual case.

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#### Reference

- 1 Steiner R. Course for Young Doctors. Tr. rev. G. Karnow. Spring Valley: Mercury Press 1994.