RHYTHMICAL EINREIBUNG | An Anthroposophic Nursing Massage

LEVEL I COURSE: October 8 – 12, 2011 • Fellowship Community, Spring Valley, NY

Rhythmic Einreibung, also referred to as Rhythmic Embrocation, is a nursing massage that gently enlivens warms and nurtures the whole human being through the conscious application of qualities of touch and therapeutic oils.

**Faculty**
Fiona Sim R.N. Fiona began learning Rhythmic Einreibung in 1988, and has been teaching RE for 15 years. Fiona worked at the Anthroposophic Medical Clinic of Park Attwood in the UK for 21 years, nursing patients with a wide range of conditions. She is currently using RE in private practice, and works as an RN in an in-patient hospice. She is a faculty member of the course in Rhythmic Einreibung Specialist training and RE Teacher training. Fiona is also part of a professional group working on the Anthroposophic Health Care Education and Training accreditation in the U.K.

Judith Brockway-Aventuro and Elizabeth Sustick, both R.N.’s, Rhythmic Einreibung Specialists, and Anthroposophic Nurse Specialists, will be assistant teachers.

**Questions? Contact course coordinators:**
Judith Brockway: jbrockway7@optonline.net / 845.425.7725
Elizabeth Sustick: esustick@gmail.com / 413.586.8083

To register complete registration form and send with full payment (check only) to:
KIMBERTON NURSES ASSOCIATION (KNA)
C/O JUDITH BROCKWAY
7 MENOCKER ROAD, CHESTNUT RIDGE, NY 10952
www.anthroposophicmedicine.org

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**Level 1 course is for nurses, massage therapists and other caregivers.**

Students will be introduced to the theory of rhythmic and life processes through instruction and practice and will learn:

- The qualities of rhythmic touch, and how to provide them
- The meaning of the warmth organism and its importance in therapy
- Application of the rhythmic qualities in other nursing situations
- Indications and contraindications of Rhythmic Einreibung
- Rhythmic Einreibung of the back, legs and feet

The learning process will be experiential and imaginative, imparting a living knowledge of Rhythmic Einreibung that participants can readily integrate into their health care practices and life situations.

Pregnancy and some medical conditions are contraindications for receiving Rhythmic Einreibung in a practice setting; please notify the course coordinators if you are pregnant or have a medical condition.

A Level II course, in which understanding of theory is deepened and broadened to include other parts of the body, will be offered in 2012.

Completion of Level I is required to attend Level II.

**Cost:** $595.00

Course Fee includes 2 organic snacks daily
Deduct $25 for any registration submitted by August 15, 2011
Deduct $25 if you are a current member of AAMTA

**Registration is limited to twelve participants.**

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**Registration Form:** RHYTHMICAL EINREIBUNG LEVEL 1 COURSE • OCTOBER 8 – 12, 2011 • ANTHROPOSOPHIC NURSING MASSAGE

Name
Address
Telephone Email
Profession

AMOUNT Enclosed $